

Whitewater Caddis Nymph/Emerger:

Hook: Light wire Scud hook of your choice.

Size: 16, 18

Thread: Ultra 70. Black

Bead: Gold, to fit hook size

Weight: Non toxic lead substitute, 6-8 wraps .015

Body: Dubbing, Hare's Ear: Caddis Green, or Tan

Thorax: Peacock herl, 2-3 strands

Wing: Caddis Gold Zelon

Under wing: 3-4 strands of Pearl Crystal Flash

Begin by using a barbless hook, or crushing the barb. Now fit the bead to the hook and secure in your vise. Next, wrap the lead substitute upon the hook shank, using 6-8 wraps. When finished, push the lead tight against the bead. Start your thread wraps behind the bead and wrap over the lead and behind, building up in this location to anchor the weight. Continue wrapping the thread until you reach a point just beyond the bend of the hook.

Now, dub a section of thread with the dubbing color of your choice and wrap a tight body to a point 1/3 of the hook shank from the hook eye. Tie in 2-4 strands of crystal flash, allowing them to extend to a point just short of the hook bend. Take a piece of Caddis Gold Zelon and tie in a short wing which extends to a point similar to the crystal flash.. Cut off the excess and wrap the butts with the tying thread.

Tie in the peacock herl and wrap forward to behind the bead, tie off and trim the excess. Cement the thread wraps.